



SAVOR THE WILD

tours

MUSHROOM FORAGING 101:

Planning Guide

We provide all the supplies you will need for your mushroom foraging adventure including:

A specialty mushroom knife with embedded brush, a basket, disposable nitrile gloves, reference materials, and a bag to bring your spoils home in.

What to Wear

Hiking boots with good ankle support is highly recommended. We will be exploring trail and off-trail areas with mixed terrain and underbrush. Depending on the weather, conditions may be slippery and occasionally muddy.

Layered clothing for the weather. Check the forecast for rain.

A brightly colored top (preferred). This allows for the best visibility while in the woods

Clothes can get snagged on branches and thorns, so dress accordingly!

Lightweight gloves. Warm hat (preferably brimmed)

What to Pack

- **Small backpack**
- **Water bottle**
- **Light snack (e.g., granola bar)**
- **Hygiene/bathroom supplies**

Be prepared for any potential personal relief breaks if "nature calls," and bring any hygiene products you may require. Just remember to pack out what you pack in!

Permits

Depending upon the foraging location, you may need to purchase a park permit such as a **Discover Pass (\$11.50)** or a **National Forest Pass (\$5.00)**. You will need one pass per vehicle. We will notify you by 24 hours prior if a pass will be needed and where our location will be. All potential locations are within a 40-minute drive of Seattle.



QUESTIONS?

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